

# Knockin'

**Count:** 32    **Wall:** 4    **Level:** Beginner / Intermediate

**Choreographer:** Gudrun Schneider (April 2014)

**Music:** Knockin` by Freddie Stroma

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## Start on Vocals

### **HEEL DIGS 2x, COASTER STEP, ¼ PADDLE TURN 2x, COASTER STEP**

- 1-2                Right heel diagonally forward - right heel diagonally forward (12:00),  
3&4                RF step back, LF beside RF, RF step forward  
5-6                ¼ turn right tap left toe to left , ¼ turn right tap left toe to left (6:00)  
7&8                LF step back, RF beside left, LF step forward

**( Restart : 3rd round )**

### **MAMBO STEP, RUN BACK, COASTER STEP, FULL TRIPLE TURN RIGHT**

- 1&2                RF rock forward, LF recover, RF step back  
3&4                LF run back, RF run back, LF run back  
5&6                RF step back, LF beside right, RF step forward  
7&8                ½ Turn right, step back on LF, ½ turn R, RF step forward, LF step forward

### **OUT-OUT, HIP BUMPS, SAILOR STEP, SAILOR SHUFFLE TURNING ¼ R**

- 1 - 2                RF step diagonally forward, LF step diagonally left ( Weight left)  
3&4                Bump hips right, bump hips left, bump hips right  
5&6                Cross LF behind RF, step right , LF step left  
7&8                Cross RF behind LF - ¼ turn right - step LF beside RF – RF step forward (9:00)

### **STEP- HEELS SPLITS, COASTER STEP, SIDE-TOGETHER-BACK, SIDE-TOGETHER-FORWARD**

- 1&2                LF step forward, twist heels out, twist heels in  
3&4                LF step back, RF beside left, LF step forward  
5&6                RF step right, LF beside right, RF step back  
7&8                LF step left, RF beside left, LF step forward

**Restart: on wall 3 after 8 counts (facing 12:00 )**

**Have fun**

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